TRAINING TRACKS

NEW & IMPROVED

Fall Child Care Training Catalog

PATCH
Supporting Hawaii's Child Care Needs

HAWAII'S RESOURCE FOR CHILD CARE TRAINING CLASSES, UPDATES AND MORE • FALL | 2018

WELCOME!

We hope you enjoy reading our newly redesigned training catalog newsletter. Should you have questions or concerns, please email us at patch@patch-hi.org.

To sign up for a training please see page 24 for your island's PATCH office contact number.

YOU MAY VIEW THE FULL PATCH TRAINING CATALOG AND SERIES DESCRIPTIONS ONLINE AT PATCH HAWAII.ORG/ TRAIN-WITH-PATCH.
TO RECEIVE A COPY VIA MAIL, PLEASE CONTACT YOUR LOCAL PATCH OFFICE LISTED ON P24.

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Talking to Children About Natural Disasters

(or Close Encounters)

Cindy Ballard,
PATCH Professional Development Manager

In light of the recent hurricane scare and devastating fires, I feel a need to touch on this topic as **children can be just as traumatized as adults, and maybe more, because they don't have the depth of experience or coping skills that most adults do.**

Dr. David Fassler explains, "Natural disasters are not easy for anyone to comprehend or accept. Understandably, many young children feel frightened and confused. **As parents, teachers, and caring adults, we can best help by listening and responding in an honest, consistent, and supportive manner.** Fortunately, most children, even those exposed to trauma, are quite resilient. However, by creating an open environment where they feel free to ask questions, we can help them to cope with stressful events and experiences, and reduce the risk of lasting emotional difficulties."

Continued on page 3

giving *is good* for you

DONATE ONLINE at patchhawaii.org

Support Hawaii's most precious resource, our keiki!
Please keep PATCH in mind for 2018-2019 campaigns:

You can pledge to PATCH using Agency Support #96420 in the Aloha United Way annual campaign. Or designate PATCH for **Kauai United Way, Hawaii Island United Way, and Maui United Way campaigns.**

PATCH's Combined Federal Campaign (CFC) number is 64544. If you are a federal employee, including military, you can improve the quality of life for all through CFC workplace giving.

Foodland's give aloha campaign lets you give to PATCH with code #77117 and your store Maika'i card throughout September. Contributions are tax-deductible so please save your receipt.

Or make a tax-deductible donation direct to PATCH at patchhawaii.org.

Thank you for your support.

Contact Virginia Lord T: 808.550.3852 E: VLord@Patch-Hi.org.

PLEASE CUT ON DOTTED LINE AND COMPLETE AND ENCLOSE THE DONATION FORM BELOW WITH YOUR GIFT TO PATCH.

DONATE ONLINE at patchhawaii.org

PATCH

☐ My gift of: ◯ $25 ◯ $50 ◯ $100 ◯ $_____ is enclosed.
Please make checks payable to "PATCH," and mail to: (other amount)
PATCH 560 N. Nimitz Hwy, Suite 218 Honolulu, HI 96817

☐ Please charge $_____ to my credit card.
(You may also visit www.patchhawaii.org or call 550-3852 to donate via credit card).
Card Number_____
Expiration Date_____ Security Code_____

☐ My gift is in memory/honor of _____

☐ My employer has a matching gift program.

Donor Name_____

Address_____

Email_____

Phone_____ Donation Remains Anonymous ☐ (check here):

PATCH'S MISSION IS TO SUPPORT AND IMPROVE THE QUALITY AND AVAILABILITY OF CARE FOR THE YOUNG PEOPLE OF HAWAII.

Talking to Children About Natural Disasters

Continued from Page 1

Although these conversations may be difficult, especially if we are directly affected by the natural disaster whether it be hurricane, fire, earthquake, or anything else Hawaii has to offer, they are necessary for the health and well-being of our youngest children. Even though young children, by nature, are resilient, they still need an outlet.

Here are several suggestions that might help to get the conversations started if they come up. Remember, there are no "right" or "wrong" ways to talk with children about these events.

- ✓ Create an environment that is safe and supportive so children know they can ask the hard questions if they have them.
- ✓ Give children honest answers. They will know when you are "faking it" and it may affect their ability to trust you in the future.
- ✓ Explain answers in ways that children can easily understand. Keep in mind the child's age, language, and developmental level.
- ✓ Children may ask the same questions again and again; this is their way of processing information that may be hard for them to understand. Give them the same answer every time as this helps satisfy their need for reassurance.
- ✓ Validate children's thoughts and feelings, let them know what they think and say are important to you.
- ✓ Try not to allow children to watch too much news or TV on the subject. This can cause additional fears and confusion if they are watching the same disturbing images over and over.
- ✓ Look for signs that a child may need additional services if the reactions are prolonged or intense, or if the child begins to have any physical symptoms of stress and anxiety.
- ✓ As much as possible, allow children to just be children. Let them play and laugh, and have fun with their friends, but be there as a responsive and supportive adult when they need one.

After a disaster or crisis, children benefit from adults who can help them learn how to cope effectively. Although it is not useful for adults to appear overwhelmed by the event, it is helpful for them to share some of their feelings and what they are doing to deal with those feelings. **Children cannot be expected to cope with troubling feelings if no one models effective coping. Allow children to "own" their feelings**. (Per www.healthychildren.org)

For more information, here are some great resources you can go to:

www.healthychildren.org

https://www.webmd.com/parenting/features/talking-with-kids-about-disasters#1

https://www.mayoclinic.org/healthy-lifestyle/childrens-health/in-depth/helping-children-cope/art-20047029

For New and Expecting Parents:
https://www.cdc.gov/features/disaster-planning-parents/index.html

CHILD CARE RESOURCES

FOR CHILD CARE

Child Care Aware: A variety of online resources for families including information on how to choose quality child care, child development, activity tips and ideas, military support and more! Visit www.childcareaware.org

Child Care Land - free resources, activity ideas, blank forms, patterns, themes and much more! Visit www.childcareland.com

Docs for Tots - online tool for doctors and child care professionals to collaborate and support efforts to care for young children. Visit www.docsfortots.org

Head Start and Early Head Start Programs - available FREE on Kauai, Maui (Lanai and Molokai), Oahu and the Big Island; both center based and home based options are available. Visit http://hawaii.gov/dhs/self-sufficiency/childcare/head start/

Healthy Habits for Healthy Kids - A Nutrition and Activity Guide for Parents: an interactive resource with activities, recipes, mealtime tips, guides and much more! Visit www.wellpoint.com/healthy_parenting/index.html

United States Consumer Product Safety Commission - Online resource for safety education, regulations, laws,and product recall information: Visit: http://www.cpsc.gov/en/recalls/

OTHER TRAINING AND EDUCATION

FIRST AID AND CPR CLASSES:

- AMERICAN RED CROSS: 377-6646 hawaiiredcross.org
- AMERICAN HEART ASSOCIATION: Oahu 538 7021 Kauai 245-7311 Big Is.961-2825 Maui 244-7185 www.americanheart.org
- AMERICAN SAFETY & HEALTH INSTITUTE: 1-800-246-5101* www.ashinstitute.org
- MEDIC FIRST AID: 1-800-800-7099* www.medicfirstaid.com

* These Mainland agencies will advise of independent trainers you may contact to schedule locally based training.

CHILD DEVELOPMENT ASSOCIATE CDA CREDENTIAL 1-800-424-4310 or contact HAEYC at 942-4708

HAWAII ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (HAEYC) 942-4708 hawaiikeiki.org

HAWAII BAPTIST EARLY EDUCATION ASSOCIATION (HBEEA) 946-9581, 947-6679

THE INSTITUTE FOR FAMILY ENRICHMENT (TIFFE) 596-8433

CHAMINADE UNIVERSITY Education Department 739-4652

PROFESSIONAL & CAREER EDUCATION PROGRAM (PACE) Oahu: 845-9496 Hilo: 974-7421

UNIVERSITY OF HAWAII West Oahu: 454-4700 College of Education, Manoa: 946-7915

MAUI COLLEGE Human Services Program 984-3208

KAUAI COMMUNITY COLLEGE Early Childhood Education Program 245-8356

HAWAII COMMUNITY COLLEGE Early Childhood Education Program 974-7421

HONOLULU COMMUNITY COLLEGE Early Childhood Education Program 845-9466

United Way
Aloha United Way

ALOHA UNITED WAY Call 211 - In the same way calling 911 links you to Emergency services, 211 connects you to 4,000 government and community services. Available Monday-Friday, 6am - 9pm, it's fast, free & confidential. Call now to GET or GIVE HELP.

Mahalo to the State of Hawaii Department of Human Services, Benefit, Employment and Support Services Division

PATCH, is a local 501c(3) resource and referral agency created in 1976. Our vision is to support and improve the quality and availability of care for young people of Hawaii. PATCH strives to provide families with information and resources needed when looking for quality care for their children; support the professional development of care givers through training; and provide data and services to the community to maximize the quality of the care giving experience and to increase the number and quality of care givers. PATCH has not investigated the resources listed and makes no warranties, express or implied, regarding the nature and quality of goods or services rendered by said resource providers.

E.C.E. SCHOLARSHIPS

PATCH supports the professional development of those in the field of early childhood education and care. Our Early Childhood Education (E.C.E.) Scholarships reimburse tuition monies to students who have passed eligible courses. Funding is limited and issued on a first come, first served basis.

What does the ECE Scholarship cover?

- **Eligible college coursework tuition from in-state institutions.**
- **PACE classes now converted to college credits.**
- **CDA direct assessment or renewal fees.**

What is the criteria for coursework?

- **Early childhood or child development focused.**
- **College courses completed June 2018-May 2019.**
- **PACE classes converted to college credits.** Spring 2018 transcripts.
- **CDA Credential dated June 2018-May 2019.**

What is the maximum I can receive?

$750 per round. Applicants may qualify for more than one round. Other financial aid is taken into account. Reimbursements distributed after close of round.

Deadlines:

Applications must be postmarked on or before the deadline of the round.

- Round 1: August 31, 2018
- Round 2: January 15, 2019
- Round 3: May 31, 2019*

*Send in Round 3 transcript no later than June 30, 2019

Contact your local PATCH office or visit patchhawaii.org to download an application.

PATCH
Supporting Hawaii's Child Care Needs

Mahalo to the State of Hawaii Dept. of Human Services, Hawaii Island United Way & Maui United Way for funding PATCH Scholarships

PATCH ONLINE TRAINING

Do You Need to Meet Annual Training Requirements?

Join us ONLINE Thursday evenings October-December

Registration starts Sept. 20.

Only 50 seats available, first come first served!

Call your local PATCH office for more info!

PATCH
Supporting Hawaii's Child Care Needs

10/11/2018	6:00-9:00 PM	INTRO. TO SOCIAL/EMOTIONAL WELLNESS (237)
10/18/2018	6:00-9:00 PM	TEMPERAMENT AND SECURE RELATIONSHIPS (114)
10/25/2018	6:00-9:00 PM	DEVELOPMENT OF SOCIAL/EMOTIONAL WELLNESS (115)
11/1/2018	6:00-9:00 PM	OBSERVATION AND RESPONSIVE ROUTINES (807)
11/8/2018	6:00-9:00 PM	BUILDING EMOTIONAL LITERACY (428)
11/15/2018	6:00-9:00 PM	WORKING IN PARTNERSHIPS W/FAMILIES (621)
11/292018	6:00-9:00 PM	INDIVIDUALIZED INTERVENTION WITH I/T'S (238
12/6/2018	6:00-9:00 PM	WHEN BEHAVIOR GOES OFF TRACK (239)
12/13/2018	6:00-9:00 PM	EFFECTS OF CHALLENGING BEHAVIORS (240)
12/20/2018	6:00-9:00 PM	DEVELOPING A SUPPORT PLAN FOR I/T'S (241)

Visit **http://elearning.vitalect.com/patch** to see all our courses and remember, you may register for the above trainings from Sept. 20.

TRAINING NEWS

child care health & safety

All PATCH classes will meet at least one hour of the Hawaii Department of Human Services 15 Health and Safety topic areas to meet the 16-hour or 8- hour annual professional development requirement.

State of Hawaii Department of Human Services Health and Safety training topic areas follow:

- **Physical Care of the Young Child (PCYC)**
- **Care of the Sick Child (CSC)**
- **Child Nutrition (CN)**
- **Child Growth and Development (CGD)**
- **Children with Special Needs (CSN)**
- **Learning Activities and Play (LAP)**
- **Family Engagement (FE)**
- **Managing Challenging Behaviors (MCB)**
- **Community Resources (CR)**
- **Prevention of Child Maltreatment and Abuse (PCMA)**
- **First Aid and Child Cardio-Pulmonary Resuscitation (FIRST AID/CPR)**
- **Health and Safety (HS)**
- **Child Care Business or Program Management (CCB/PM)**
- **Physical Environment (PE)**
- **Safe Sleep (SS) (If permitted to care for children less than one year of age)**

Please check your island PATCH training calendar for classes near you, or contact the training department on your island to host trainings at your facility.

ABOUT THIS TRAINING CALENDAR

How to Read the PATCH Training Calendar

PATCH's Training Calendar is designed for easy reading. Each class has indicators related to Hawaii's **Attitudes, Skills and Knowledge (ASK)** Core Areas and **Subject Areas (SA)** for the Child Development Associate (CDA) credential.

PATCH Training **Series include:**

- **Basic Series (10 classes)**
- **Challenging Behaviors Basic Series (7 classes)**
- **Quality Care Series (10 classes)**
- **Puppet Series (5 classes)**
- **Supporting Play Series (5 classes)**
- * **WestEd Basic Infant/Toddler Series (10 classes)**
- *++**WestEd Advanced Infant/Toddler (10 classes)**
- **Introduction to Preschool Series (7 classes)**
- * **Infant/Toddler Series 3 (10 classes)**
- **I'm Moving, I'm Learning (5 classes)** .
- * **Infant/Toddler Social Emotional (10 classes)**
- **Time To Sign Series (4 classes)**
- **Special Needs Series (7classes)**
- **Child Care Administration (5 classes)** .

* **meets DHS I/T licensing requirements.**

++ **offered online as self-paced webinars.**

For more details visit

8 Subject Areas

Utilized for the Child Development Associate (CDA). These indicators are important when looking for specific types of classes to fulfill initial CDA requirements :

SA 1 - Planning a safe, healthy learning environment

SA 2 - Steps to advance children's physical and intellectual development

SA 3 - Positive ways to support children's social and emotional development

SA 4 - Strategies to establish productive relationships with families

SA 5 - Strategies to manage an effective program operation

SA 6 - Maintaining a commitment to your profession

SA 7 - Observing and recording children's behavior

SA 8 - Principles of child growth and child development

10 ASK Core Areas

As utilized by the DHS Hawaii Early Childhood Registry:

- ⇒ Growth & Development (GD)
- ⇒ Professionalism (PRO)
- ⇒ Diversity (DIV)
- ⇒ Observation & Assessment (OA)
- ⇒ Health, Safety & Nutrition (HSN)
- ⇒ Relationships and Guidance (RG)
- ⇒ Learning Environments (ENV)
- ⇒ Planning Learning Experiences (PLE)
- ⇒ Working With Families (WF)
- ⇒ Program Management (MAN)

Please check your island PATCH training calendar for classes near you, or contact the training department on your island to host trainings at your facility.

Short On Time This Quarter?

NEED TRAINING? *GO ONLINE*

SEE PAGE 6 FOR DETAILS

PATCH TRAINING GUIDELINES

Reminders About PATCH Training Attendance

Thank you for your diligence as a child care professional and your dedication to your on-going training and development.

When attending PATCH training classes there are a few guidelines to remember:

Sign Up for Classes Ahead of Time: Remember to sign up for PATCH classes in advance by calling your local PATCH office. To register for a class you must pay a $5.00 refundable deposit to PATCH at least three calendar days before the class. Your $5.00 deposit will be returned upon attendance or can be applied to a future class.

Remember to sign in: You will not receive a certificate for a training class if your name does not appear on the sign-in sheet. Please check all your information on the sign-in sheet. Print clearly when correcting errors in your name, address, or telephone number.

Be on time: If you arrive more than 15 minutes late, you will not be allowed to sign in. If you are unable to stay for the full duration of the training, you will not receive a training certificate. In both of these circumstances, your attendance will not be posted in the database for that class. Likewise, if a trainer is more than 15 minutes late— you may assume that the class has been cancelled due to unforeseen circumstances. We will call you to reschedule the class.

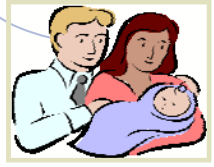
Turn off your cell phone: As a courtesy to the other participants, please turn off the volume of your cell phone or pager.

Adults only please: We love children too, but as a courtesy to other participants, we ask you to make alternative arrangements for child care.

Bring your Record of Training: Please bring your Record of Training (available via the PATCH office) to each class and remember to get the PATCH instructor's signature after each class. When you have completed an entire series, please return the original Record of Training to the PATCH office and we will mail you a Certificate of Completion for the series.

Keep good records: Whether you take a PATCH class or any other training, you should keep track of the trainings you attend for future reference. If you need verification of your PATCH classes, there is a $2.00 fee for a computer printout list of classes taken at PATCH. If you have misplaced your Record of Training sheet, there is a $3.00 fee for a replacement. Duplicate certificates are available for $1.00 each. Please keep in mind that PATCH often deletes information more than 5 years old to make room for the following year.

PATCH strives to coordinate its Training Program (and other programs) to fit the needs of Hawaii's child care professionals. If you have comments or suggestions, please contact your local PATCH office or email us at Patch@PatchHawaii.org.



PATCH Classes for PARENTS!
Many of our classes are great for parents.
Look for the Parent Symbol in the Training Calendar and Sign Up Today!

O'AHU ISLAND TRAINING CALENDAR

Honolulu Waldorf School-Hawaii Kai: 350 Ulua Street Honolulu, HI 96821

Tuesday
10/2/2018
6:00 PM-9:00 PM

EARLY CHILDHOOD CURRICULUM 101 (421)

SERIES: Quality Care Series *ASK: PLE-3, SA: SA2-3*

Tuesday
10/9/2018
6:00 PM-9:00 PM

INTENTIONAL TEACHING (422)

SERIES: Quality Care Series *ASK: PLE-3, SA: SA2-3*

Tuesday
10/16/2018
6:00 PM-9:00 PM

OBSERVATION-BASED PLANNING FOR YOUNG CHILDREN (423)

SERIES: Quality Care Series *ASK: PLE-1.5; OA-1.5, SA: SA2-1.5; SA7-1.5*

Tuesday
10/23/2018
6:00 PM-9:00 PM

SCIENCE DISCOVERIES IN THE PRESCHOOL ENVIRONMENT (424)

SERIES: Quality Care Series *ASK: PLE-3, SA: SA2-3*

Tuesday
10/30/2018
6:00 PM-9:00 PM

MORE THAN COUNTING: MATH IN THE PRESCHOOL (425)

SERIES: Quality Care Series *ASK: PLE-3, SA: SA2-3*

Tuesday
11/6/2018
6:00 PM-9:00 PM

TALKING WITH CHILDREN (236)

SERIES: Quality Care Series *ASK: RG-2; PLE-1, SA: SA3-2; SA2-1*

Tuesday
11/13/2018
6:00 PM-9:00 PM

CURRICULUM 201: INTEGRATED CURRICULUM USING SCIENCE AND SOCIAL STUDIES (426)

SERIES: Quality Care Series *ASK: PLE-3, SA: SA2-3*

Tuesday
11/20/2018
6:00 PM-9:00 PM

FLOWING THROUGH THE DAY: CLASSROOM TRANSITIONS (704)

SERIES: Quality Care Series *ASK: ENV-3, SA: SA1-3*

Tuesday
11/27/2018
6:00 PM-9:00 PM

DOES MY CHILD JUST PLAY ALL DAY?: TALKING TO FAMILIES ABOUT CURRICULUM (618)

SERIES: Quality Care Series *ASK: WF-3, SA: SA4-3*

Tuesday
12/4/2018
6:00 PM-9:00 PM

DOCUMENTING QUALITY CURRICULUM IN A QUALITY PROGRAM (317)

SERIES: Quality Care Series *ASK: MAN-3, SA: SA5-3*

O'AHU ISLAND TRAINING CALENDAR

Oahu PATCH Training Room: 560 North Nimitz Highway Ste. 218 Honolulu, HI 96817

Monday
10/15/2018
6:00 PM-9:00 PM

CHILD ABUSE AND NEGLECT (517)

SERIES: Other *ASK: HSN-3, SA: SA1-3*

Monday
10/22/2018
6:00 PM-9:00 PM

FOSTERING RESILIENCY (507)

SERIES: Other *ASK: HSN-3, SA: SA1-3*

Monday
10/29/2018
6:00 PM-9:00 PM

WORKING WITH CHILDREN WHO HAVE ADD/ADHD (601)

SERIES: Other *ASK: WF-3, SA: SA4-3.*

Monday
11/5/2018
6:00 PM-9:00 PM

WORKING WONDERS WITH DIFFICULT PARENTS (602)

SERIES: Other *ASK: WF-3, SA: SA4-3*

CHILD CARE PROFESSIONALS:
Want to learn methods you can utilize to help 3-5 year old children develop socially and cognitively through play? Sign up for our Supporting Play Series this Fall.

Monday
11/19/2018
6:00 PM-9:00 PM

THE IMPORTANCE OF PLAY (227)

SERIES: Play *ASK: RG -1.5; PLE-1.5, SA: SA3-1.5; SA2-1.5*

Monday
11/26/2018
6:00 PM-9:00 PM

OBSERVING CHILDREN AT PLAY (804)

SERIES: Play *ASK: OA-3, SA: SA7-3*

Monday
12/3/2018
6:00 PM-9:00 PM

THE CHILD WHO DOESN'T ENGAGE IN PLAY (228)

SERIES: Play *ASK: RG-3, SA: SA3-3*

Monday
12/10/2018
6:00 PM-9:00 PM

THE CHILD WHO DOESN'T ENGAGE WITH OTHERS (229)

SERIES: Play *ASK: RG-3, SA: SA3-3*

Monday
12/17/2018
6:00 PM-9:00 PM

THE CHILD WHO IS EXCLUDED (230)

SERIES: Play *ASK: RG-3, SA: SA3-3*

O'AHU ISLAND TRAINING CALENDAR

Oahu PATCH Training Room: 560 North Nimitz Highway Ste. 218 Honolulu, HI 96817

Saturday
10/20/2018
9:30 AM-11:00 AM

SAFE SLEEP IN CHILDCARE (518)

SERIES: Other *ASK: HSN-1.5, SA: SA1-1.5.*

NEW

HEALTHY EATING & PROPER NUTRITION is important, particularly for keiki! This Fall, we introduce several NEW classes to help you feed and care for keiki. Especially useful for family child care home providers!

Saturday
10/27/2018
9:30 AM-11:00 AM

HEALTHY PORTIONS, HEALTHY CHOICES (520) NEW

SERIES: Other *ASK: HSN-1.5, SA: SA1-1.5*

Saturday
11/3/2018
9:30 AM-11:00 AM

HAPPY MEALTIME, HEALTHY BODY (521) NEW

SERIES: Other *ASK: HSN-1.5, SA: SA1-1.5*

Saturday
11/10/2018
9:30 AM-11:00 AM

NUTRITION ALL DAY (522) NEW

SERIES: Other *ASK: HSN-1.5, SA: SA1-1.5*

Saturday
11/17/2018
9:30 AM-11:00 AM

SAFE SLEEP IN CHILDCARE (518)

SERIES: Other *. ASK: HSN-1.5, SA: SA1-1.5.*

Stepping Stones Academy-Honolulu: 860 Halekauwila St. #103 Honolulu, HI 96813

Wednesday
10/3/2018
6:00 PM-9:00 PM

INTRODUCTION TO SOCIAL EMOTIONAL WELLNESS (237)

SERIES: I/T Social Emotional *ASK: RG-3, SA: SA3-3*

Wednesday
10/10/2018
6:00 PM-9:00 PM

TEMPERAMENT AND SECURE RELATIONSHIPS (114)

SERIES: I/T Social Emotional *ASK: GD-1.5; RG-1.5, SA: SA8-1.5; SA3-1.5*

Wednesday
10/17/2018
6:00 PM-9:00 PM

DEVELOPMENT OF SOCIAL EMOTIONAL WELLNESS (115)

SERIES: I/T Social Emotional *ASK: GD-3, SA: SA8-3*

Wednesday
10/24/2018
6:00 PM-9:00 PM

OBSERVATION AND RESPONSIVE ROUTINES (807)

SERIES: I/T Social Emotional *ASK: OA-1.5; ENV-1.5, SA: SA7-1.5; SA1-1.5*

O'AHU ISLAND TRAINING CALENDAR

Stepping Stones Academy-Honolulu: 860 Halekauwila St. #103 Honolulu, HI 96813

Wednesday
11/7/2018
6:00 PM-9:00 PM

BUILDING EMOTIONAL LITERACY (428)

SERIES: I/T Social Emotional *ASK: PLE-3, SA: SA2-3*

Wednesday
11/14/2018
6:00 PM-9:00 PM

WORKING IN PARTNERSHIPS WITH FAMILIES (621)

SERIES: I/T Social Emotional *ASK: WF-3, SA: SA4-3*

Wednesday
11/21/2018

INDIVIDUALIZED INTERVENTION WITH INFANTS/TODDLERS (238)

SERIES: I/T Social Emotional *ASK: RG-3, SA: SA3-3*

Wednesday
11/28/2018
6:00 PM-9:00 PM

WHEN BEHAVIOR GOES OFF TRACK (239)

SERIES: I/T Social Emotional *ASK: RG-3, SA: SA3-3*

Wednesday
12/5/2018
6:00 PM-9:00 PM

EFFECTS OF CHALLENGING BEHAVIORS (240)

SERIES: I/T Social Emotional *ASK: RG-1.5; WF-1.5, SA: SA3-1.5; SA4-1.5*

Wednesday
12/12/2018
6:00 PM-9:00 PM

DEVELOPING A SUPPORT PLAN FOR INFANTS/TODDLERS (241)

SERIES: I/T Social Emotional *ASK: RG, SA: SA3*

The Cole Academy-Kapolei: 1033 Ala Kahawai Street Kapolei, HI 96707

Tuesday
10/2/2018
6:00 PM-7:30 PM

INTRODUCTION TO INCLUSION (908)

SERIES: Special Needs *ASK: DIV-1.5; SA: SA4-1.5*

Tuesday
10/9/2018
6:00 PM-7:30 PM

EXPLORING INCLUSION (909)

SERIES: Special Needs *ASK: DIV-1.5; SA: SA4-1.5*

Tuesday
10/16/2018
6:00 PM-7:30 PM

INCLUSIVE EARLY CHILDHOOD ENVIRONMENTS (322)

SERIES: Special Needs *ASK: MAN, SA: SA5.*

Tuesday
10/23/2018
6:00 PM-7:30 PM

FAMILY PARTNERSHIPS AND INCLUSION (624)

SERIES: Special Needs *ASK: WF, SA: SA4.*

O'AHU ISLAND TRAINING CALENDAR

The Cole Academy-Kapolei: 1033 Ala Kahawai Street Kapolei, HI 96707

Tuesday
10/30/2018
6:00 PM-7:30 PM

CREATING A CULTURALLY INCLUSIVE ENVIRONMENT (708)

SERIES: Special Needs *ASK: ENV, SA: SA1.*

Tuesday
11/6/2018
6:00 PM-7:30 PM

WORKING IN AN INCLUSIVE ENVIRONMENT (808)

SERIES: Special Needs *ASK: OA, SA: SA7.*

Tuesday
11/13/2018
6:00 PM-7:30 PM

SPECIAL NEEDS: COMMUNITY RESOURCES AND REFERRAL PROCESS (625)

SERIES: Special Needs *ASK: WF, SA: SA4.*

Wahiawa Baptist Preschool & Jr K: 1233 California Avenue Wahiawa, HI 96786

Tuesday
10/16/2018
6:00 PM-9:00 PM

INTRODUCTION TO EARLY CHILDHOOD EDUCATION AND CARE (106)

SERIES: Intro. To Preschool *ASK: GD-1.5; PRO-1.5, SA: SA8-1.5; SA6-1.5*

Tuesday
10/23/2018
6:00 PM-8:00 PM

THE PREPARED PRESCHOOL ENVIRONMENT (702)

SERIES: Intro. To Preschool *ASK: ENV-2, SA: SA1-2*

Tuesday
10/30/2018
6:00 PM-8:00 PM

HEALTH AND SAFETY IN PRESCHOOL SETTINGS (512)

SERIES: Intro. To Preschool *ASK: HSN, SA: SA1*

Tuesday
11/6/2018
6:00 PM-8:00 PM

CLASSROOM MANAGEMENT AND SUPERVISION (231)

SERIES: Intro. To Preschool *ASK: RG-2, SA: SA3-2*

Tuesday
11/13/2018
6:00 PM-8:00 PM

CONVERSATIONS WITH PRESCHOOLERS (107)

SERIES: Intro. To Preschool *ASK: GD-2, SA: SA8-2*

Tuesday
11/20/2018
6:00 PM-8:00 PM

COMMUNICATION WITH CO-WORKERS AND FAMILIES (006)

SERIES: Intro. To Preschool *ASK: PRO-1; WF-1, SA: SA6-1; SA4-1*

Tuesday
11/27/2018
6:00 PM-8:00 PM

OBSERVATIONS AND ASSESSMENTS IN PRESCHOOL SETTINGS (805)

SERIES: Intro. To Preschool *ASK: OA-2, SA: SA7-2*

KAUA'I ISLAND TRAINING CALENDAR

KAUAI BEACH RESORT: Kapaa, HI 96746

Saturday
12/15/2018
9:00 AM-12:00 PM

BRAIN DEVELOPMENT (105)

SERIES: WestEd Advanced *ASK: GD-3, SA: SA8-3*

Kauai PATCH Office: 4485 Pahee Street Suite 124 Lihue, HI 96766

Monday
10/15/2018
6:00 PM-7:30:00 PM

SAFE SLEEP IN CHILDCARE (518)

SERIES: Other *ASK: HSN-1.5, SA: SA1-1.5*

Tuesday
10/16/2018
6:00 PM-9:00 PM

THE BUSINESS OF FCC, PART III: PROMOTING IT (320)

SERIES: Basic Series *ASK: MAN-1.5; WF-1.5, SA: SA5-1.5; SA4-1.5*

Tuesday
10/23/2018
6:00 PM-9:00 PM

RELATIONSHIPS WITH FAMILIES IN YOUR FCC (619)

SERIES: Basic Series *ASK: WF-3, SA: SA4-3*

Tuesday
10/30/2018
6:00 PM-9:00 PM

ADDRESSING HAWAII'S HEALTH STANDARDS (513)

SERIES: Basic Series *ASK: HSN-3, SA: SA1-3*

Tuesday
11/6/2018
6:00 PM-9:00 PM

ADDRESSING HAWAII'S ENVIRONMENTAL STANDARDS (514)

SERIES: Basic Series *ASK: HSN-3, SA: SA1-3*

Tuesday
11/13/2018
6:00 PM-9:00 PM

FAMILY CHILD CARE ENVIRONMENT (705)

SERIES: Basic Series *ASK: ENV-3, SA: SA1-3*

Tuesday
11/20/2018
6:00 PM-9:00 PM

PROGRAM PROVISIONS: CHILD DEVELOPMENT (113)

SERIES: Basic Series *ASK: GD-1.5; PLE-1.5, SA: SA8-1.5; SA2-1.5*

Tuesday
11/27/2018
6:00 PM-9:00 PM

PROVIDING QUALITY CARE (008)

SERIES: Basic Series *ASK: PRO-1.5; RG-1.5, SA: SA6-1.5; SA3-1.5*

KAUA'I ISLAND TRAINING CALENDAR

KOLOA EARLY SCHOOL: 5521 KOLOA RD Koloa, HI 96756

Wednesday
10/3/2018
6:00 PM-8:00 PM

POSITIVE DISCIPLINE I (203)

SERIES: Other *ASK: RG-2, SA: SA3-2*

Wednesday
10/10/2018
6:00 PM-8:00 PM

THE PREPARED EARLY CHILDHOOD ENVIRONMENT (702)

SERIES: Intro. To Preschool *ASK: ENV-2, SA: SA1-2*

Wednesday
10/17/2018
6:00 PM-9:00 PM

OBSERVATION-BASED PLANNING FOR YOUNG CHILDREN (423)

SERIES: Quality Care Series *ASK: PLE-1.5; OA-1.5, SA: SA2-1.5; SA7-1.5.*

Wednesday
10/24/2018
6:00 PM-9:00 PM

SCIENCE DISCOVERIES IN THE PRESCHOOL ENVIRONMENT (424)

SERIES: Quality Care Series *ASK: PLE-3, SA: SA2-3.*

Wednesday
11/7/2018
6:00 PM-9:00 PM

FLOWING THROUGH THE DAY: CLASSROOM TRANSITIONS (704)

SERIES: Quality Care Series *ASK: ENV-3, SA: SA1-3*

Wednesday
11/14/2018
6:00 PM-9:00 PM

TALKING WITH CHILDREN (236)

SERIES: Quality Care Series *ASK: RG-2; PLE- 1, SA: SA3-2; SA2-1*

Wednesday
11/28/2018
6:00 PM-9:00 PM

EXTENDING BOOKS I (407)

SERIES: Other *ASK: PLE-3, SA: SA2-3*

If you need assistance regarding the training calendar or if you would like to signup for classes, please contact your local PATCH office.

MAUI ISLAND TRAINING CALENDAR

Maui County Early Childhood Resource Center: 5 Napua Drive Wailuku, HI 96793

Monday
10/1/2018
5:30 PM-8:30 PM

EFFECTIVE TEAMING (615)

SERIES: Chall. Behaviors Advanced *ASK: WF-3, SA: SA4-3*

Monday
12/3/2018
5:30 PM-8:30 PM

BIGGER THAN BOOKS (414)

SERIES: Other *ASK: PLE-3, SA: SA2-3*

Maui PATCH Office: 1063 Lower Main Street C-217 Wailuku, HI 96793

Monday
10/1/2018
5:30 PM-8:30 PM

INTRODUCTION TO FAMILY CHILD CARE (007)

SERIES: Basic Series *ASK: PRO-3, SA: SA6-3*

Thursday
10/4/2018
5:30 PM-8:30 PM

THE BUSINESS OF FCC, PART I: THE BASICS (318)

SERIES: Basic Series *ASK: MAN-3, SA: SA5-3*

Monday
10/8/2018
5:30 PM-8:30 PM

THE BUSINESS OF FCC, PART II: BUILDING IT (319)

SERIES: Basic Series *ASK: MAN-3, SA: SA5-3*

Monday
10/15/2018
5:30 PM-8:30 PM

THE BUSINESS OF FCC, PART III: PROMOTING IT (320)

SERIES: Basic Series *ASK: MAN-1.5; WF-1.5, SA: SA5-1.5; SA4-1.5*

Thursday
10/18/2018
5:30 PM-8:30 PM

RELATIONSHIPS WITH FAMILIES IN YOUR FCC (619)

SERIES: Basic Series *ASK: WF-3, SA: SA4-3*

Monday
10/22/2018
5:30 PM-8:30 PM

ADDRESSING HAWAII'S HEALTH STANDARDS (513)

SERIES: Basic Series *ASK: HSN-3, SA: SA1-3*

Monday
10/29/2018
5:30 PM-8:30 PM

ADDRESSING HAWAII'S ENVIRONMENTAL STANDARDS (514)

SERIES: Basic Series *ASK: HSN-3, SA: SA1-3*

Thursday
11/1/2018
5:30 PM-8:30 PM

FAMILY CHILD CARE ENVIRONMENT (705)

SERIES: Basic Series *ASK: ENV-3, SA: SA1-3*

MAUI ISLAND TRAINING CALENDAR

Maui PATCH Office: 1063 Lower Main Street C-217Wailuku, HI 96793

Monday
11/5/2018
5:30 PM-8:30 PM

PROGRAM PROVISIONS: CHILD DEVELOPMENT (113)

SERIES: Basic Series *ASK: GD-1.5; PLE-1.5, SA: SA2-1.5; SA8-1.5*

Monday
11/5/2018
5:30 PM-8:30 PM

THE IMPORTANCE OF PLAY (227)

SERIES: Play *ASK: RG-1.5; PLE-1.5, SA: SA3-1.5; SA2-1.5*

Monday
11/12/2018
5:30 PM-8:30 PM

PROVIDING QUALITY CARE (008)

SERIES: Basic Series *ASK: PRO-1.5; RG-1.5, SA: SA6-1.5; SA3-1.5*

Wednesday
10/3/2018
5:30 PM-8:30 PM

BUILDING PARTNERSHIPS WITH FAMILIES (617)

SERIES: Infant/Toddler Series 3 *ASK: WF-3, SA: SA4-3*

Wednesday
10/17/2018
5:30 PM-8:30 PM

UNDERSTANDING INFANT AND TODDLER CURRICULUM (109)

SERIES: Infant/Toddler Series 3 *ASK: GD-3, SA: SA8-3*

Wednesday
10/24/2018
5:30 PM-8:30 PM

CONVERSATIONS WITH INFANTS AND TODDLERS (420)

SERIES: Infant/Toddler Series 3 *ASK: PLE-3, SA: SA2-3*

Wednesday
11/7/2018
5:30 PM-8:30 PM

UNDERSTANDING SOCIAL AND EMOTIONAL DEVELOPMENT OF INFANTS AND TODDLERS (110)

SERIES: Infant/Toddler Series 3 *ASK: GD-2; RG-1, SA: SA8-2; SA3-1*

Wednesday
11/14/2018
5:30 PM-8:30 PM

SUPPORTING THE INDIVIDUAL NEEDS OF INFANTS AND TODDLERS (232)

SERIES: Infant/Toddler Series 3 *ASK: RG-3, SA: SA3-3*

Wednesday
12/5/2018
5:30 PM-8:30 PM

CULTURAL DIVERSITY IN INFANT AND TODDLER SETTINGS (906)

SERIES: Infant/Toddler Series 3 *ASK: DIV-3, SA: SA4-3*

Wednesday
12/12/2018
5:30 PM-8:30 PM

CULTURAL SENSITIVITY WITH FAMILIES (907)

SERIES: Infant/Toddler Series 3 *ASK: DIV-1.5; WF-1.5, SA: SA4-3*

HAWAI'I ISLAND TRAINING CALENDAR

EAST HAWAII

East Hawaii PATCH Training Room: 26 Waianuenue Ave Hilo, HI 96720

Thursday
10/18/2018
6:00 PM-9:00 PM

EFFECTIVE TEAMING (615)

SERIES: Chall. Behaviors Advanced *ASK: WF-3, SA: SA4-3*

Thursday
11/15/2018
6:00 PM-9:00

WHEN BEHAVIOR GOES OFF TRACK (239)

SERIES: I/T Social Emotional *ASK: RG-3, SA: SA3-3*

Thursday
12/13/2018
6:00 PM-9:00 PM

EFFECTS OF CHALLENGING BEHAVIOR (240)

SERIES: I/T Social Emotional *ASK: RG-1.5; WF-1.5, SA: SA3-1.5; SA4-1.5*

Tutu & Me Hilo: 1284 Kilauea Avenue Hilo, HI 96720

Tuesday
10/16/2018
3:00 PM-5:00 PM

COMMUNICATION WITH CO-WORKERS AND FAMILIES (006)

SERIES: Intro. To Preschool *ASK: PRO-1; WF-1, SA: SA6-1; SA4-1*

Tuesday
11/6/2018
2:00 PM-5:00 PM

BUILDING PARTNERSHIPS WITH FAMILIES (617)

SERIES: Infant/Toddler Series 3 *ASK: WF-3, SA: SA4-3*

Tuesday
12/11/2018
2:00 PM-5:00 PM

FOSTERING RESILIENCY (507)

SERIES: Other *ASK: HSN-3, SA: SA1-3*

LOOKING FOR CLASSES TO HELP YOU ENGAGE, COMMUNICATE AND COOPERATE WITH CHILDREN AND FAMILIES IN YOUR PRESCHOOL SETTING? PATCH IS HERE FOR YOU!

HAWAI'I ISLAND TRAINING CALENDAR

WEST HAWAII

Ohana Keiki Daycare Center - Salvation Army: 75-2233 Kalani Street Kailua-Kona, HI 96740

Monday
10/29/2018
5:30 PM-8:30 PM

POSITIVE DISCIPLINE III (205)

SERIES: Other *ASK: RG, SA3 - 3HRS*

Monday
11/5/2018
5:30 PM-7:30 PM

BUILDING A CLASSROOM COMMUNITY (206)

SERIES: Other *ASK: RG-1; PLE-1, SA: SA3-1; SA2-1*

Monday
11/19/2018
5:30 PM-8:30 PM

TEACHING POSITIVE RELATIONSHIPS I (419)

SERIES: Chall. Behaviors Basic *ASK: PLE, SA: SA2*

Monday
11/26/2018
5:30 PM-8:30 PM

INTENTIONAL TEACHING (422)

SERIES: Quality Care Series *ASK: PLE-3, SA: SA2-3*

Monday
12/3/2018
5:30 PM-8:30 PM

OBSERVATION-BASED PLANNING FOR YOUNG CHILDREN (423)

SERIES: Quality Care Series *ASK: PLE-1.5; OA-1.5, SA: SA2-1.5; SA7-1.5*

Monday
12/10/2018
5:30 PM-8:30 PM

HEALTH, SAFETY AND NUTRITION (506)

SERIES: WestEd Basic *ASK: HSN-3, SA: SA1-3*

Monday
12/17/2018
5:30 PM-7:30 PM

HEALTH AND SAFETY IN PRESCHOOL SETTINGS (512)

SERIES: Intro. To Preschool *ASK: HSN-2, SA: SA1-2*

P.A.R.E.N.T.S Inc. - Ka'u: 95-5657 Mamalahoa Hwy. Unit 5 Naalehu, HI 96772

Friday
10/19/2018
8:00 AM-10:00 AM

COMMUNICATION WITH CO-WORKERS AND FAMILIES (006)

SERIES: Intro. To Preschool *ASK: PRO-1; WF-1, SA: SA6-1; SA4-1*

Friday
10/19/2018
10:15 AM-12:15 PM

OBSERVATIONS AND ASSESSMENTS IN PRESCHOOL SETTINGS (805)

SERIES: Intro. To Preschool *ASK: OA-2, SA: SA7-2*

HAWAI'I ISLAND TRAINING CALENDAR

WEST HAWAII

P.A.R.E.N.T.S Inc. - Ka'u: 95-5657 Mamalahoa Hwy. Unit 5 Naalehu, HI 96772

Friday
10/19/2018
1:00 PM-3:00 PM

THE MAGIC OF PUPPETS (404)

SERIES: Puppet Series *ASK: PLE-2, SA: SA2-2*

Friday
11/16/2018
8:30 AM-11:30 AM

EXTENDING BOOKS I (407)

SERIES: Other *ASK: PLE-3, SA: SA2-3*

Friday
11/16/2018
12:15 PM-3:15 PM

SOCIAL GUIDANCE (207)

SERIES: WestEd Basic *ASK: RG-3, SA: SA3-3*

Friday
12/7/2018
8:30 AM-11:30 AM

MORE THAN COUNTING: MATH IN THE PRESCHOOL (425)

SERIES: Quality Care Series *ASK: PLE, SA: SA2*

Friday
12/7/2018
12:15 PM-3:15 PM

TOGETHER IN CARE (309)

SERIES: WestEd Basic *ASK: MAN-2; PLE-1, SA: SA5-2; SA2-1*

Pahala Preschool: 96-1225 Huapala Street Pahala, HI 96777

Monday
10/1/2018
5:30 PM-8:30 PM

UNDERSTANDING INFANT AND TODDLER CURRICULUM (109)

SERIES: Infant/Toddler Series 3 *ASK: GD-3, SA: SA8-3*

Tuesday
10/2/2018
5:30 PM-8:30 PM

UNDERSTANDING SOCIAL AND EMOTIONAL DEVELOPMENT OF INFANTS AND TODDLERS (110)

SERIES: *ASK: GD-2; RG-1, SA: SA8-2; SA3-1*

Wednesday
10/3/2018
5:30 PM-8:30 PM

PROGRAM PROVISIONS: CHILD DEVELOPMENT (113)

SERIES: Basic Series *ASK: GD-1.5; PLE-1.5, SA: SA8-1.5; SA2-1.5.*

Wednesday
10/17/2018
5:30 PM-7:00 PM

SAFE SLEEP IN CHILDCARE (518)

SERIES: Other *ASK: HSN-1.5, SA: SA1-1.5.*

HAWAI'I ISLAND TRAINING CALENDAR

WEST HAWAII

Tutu & Me Traveling Preschool; Kailua-Kona Office: 73-5574 Maiau St. #6 Kailua-Kona, HI 96740

Thursday
10/18/2018
5:30 PM-7:30 PM

POSITIVE DISCIPLINE I (203)

SERIES: Other *ASK: RG, SA3 - 2 HRS*

Friday
10/19/2018
5:30 PM-7:30 PM

POSITIVE DISCIPLINE II (204)

SERIES: Other *Builds upon positive discipline I (#203). ASK: RG, SA3 - 2HRS*

Tutu & Me Traveling Preschool; Kailua-Kona Office: 73-5574 Maiau St. #6 Kailua-Kona, HI 96740

Friday
11/2/2018
12:00 PM-3:00 PM

OBSERVATION AND RESPONSIVE ROUTINES (807)

SERIES: I/T Social Emotional *ASK: OA-1.5; ENV-1.5, SA: SA7-1.5; SA1-1.5*

Friday
11/2/2018
8:00 AM-11:00 AM

I'M MOVING, I'M LEARNING: PLANNING AND ASSESSMENT (806)

SERIES: I'm Moving/Learning *ASK: OA-1.5; ENV-1.5, SA: SA7-1.5; SA1-1.5*

Friday
11/16/2018
8:00 AM-11:00 AM

BRAIN DEVELOPMENT (105)

SERIES: WestEd Basic *ASK: GD-3, SA: SA8-3*

Friday
12/7/2018
8:00 AM-11:00 AM

DEVELOPMENTAL GUIDELINES FOR INFANTS AND TODDLERS (108)

SERIES: Infant/Toddler Series 3 *ASK: GD-3, SA: SA8-3*

Friday
12/7/2018
12:00 PM-3:00 PM

UNDERSTANDING INFANT AND TODDLER CURRICULUM (109)

SERIES: Infant/Toddler Series 3 *ASK: GD-3, SA: SA8-3*

Visit www.patchhawaii.org/train-with-patch
to learn about PATCH Online Training.
Get qualified, on your own time, 24/7!

USDA

United States Department of Agriculture

Growing a Healthier Future With the CACFP

Every day, more than 4 million children get meals and snacks through USDA's Child and Adult Care Food Program (CACFP). Thanks to recent updates to the CACFP meal patterns, you now have even more opportunities to help kids get the nutrition they need to **learn**, **grow**, and **play**.

Fueling Up With Veggies

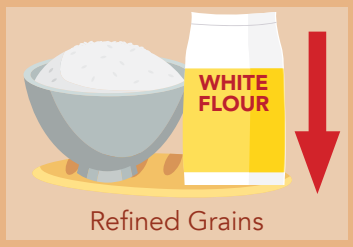
Fewer than 10% of 4- to 8-year-olds eat enough vegetables.

Vegetables and fruits are now two separate components at lunch, supper, and snack. This means you can serve vegetables and fruits more often and help kids develop a taste for healthy foods from the start.

Starting Kids Early With Whole Grains

Kids ages 1 to 13 years old eat up to **twice the amount of** refined grains that they should, but not enough whole grains.

Whole Grains



Refined Grains

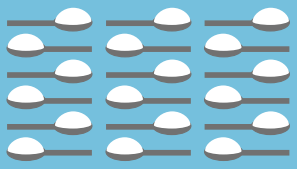
Now kids are more likely to get whole grain-rich* foods at least **once a day**. Whole grains give kids vitamins, minerals, and fiber to help them be strong and healthy.

Baby Talk: Updates to the Infant Meal Patterns

The updated infant meal patterns support the health of CACFP's youngest participants by:

- Reimbursing meals when moms breastfeed onsite
- Including a wider variety of foods for babies to try during their first year of life

Lowering Added Sugars



On average, **kids 9 to 13 years old** eat between 17 to 22 teaspoons of added sugars every day.

By limiting sugar in yogurts and cereals, and not counting cookies, cakes and other grain-based desserts toward the grains requirements, meals served in CACFP will give kids the chance to try—and like—new, healthy foods.

*Whole grain-rich foods are foods containing 100% whole grains or that contain at least 50% whole grains and the remaining grains in the food are enriched.

Sources:
https://health.gov/dietaryguidelines/2015/
https://epi.grants.cancer.gov/diet/usualintakes/pop/2007-10/table_a06.html
https://epi.grants.cancer.gov/diet/usualintakes/pop/2007-10/table_a40.html

Food and Nutrition Service
FNS-651
April 2017
https://teamnutrition.usda.gov
USDA is an equal opportunity provider, employer, and lender.

over 90% of brain development occurs in the first 5 years of a child's life.

PATCH OFFICES STATEWIDE

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560 North Nimitz Highway
Suite 218
Honolulu, HI 96817
Phone: 808-833-6866

PATCH—Maui County
Puuone Plaza
1063 Lower Main Street #C-217
Wailuku, HI 96793
Phone: 808-242-9232
Lanai & Molokai: 1-800-498-4145

PATCH—Kauai
4485 Pahe'e Street
Suite 124
Lihue, HI 96766
Phone: 808-246-0622

PATCH—West Hawaii
79-7393 Mamalahoa Hwy
Unit 4A
Kealakekua, HI 96750
Phone: 808-322-3500

PATCH—East Hawaii
26 Waianuenue Ave
Hilo, HI 96720
Phone: 808-961-3169

E-mail: Patch@PatchHawaii.org

Website: www.PatchHawaii.org

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PATCH
Supporting Hawaii's Child Care Needs

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