



HAWAII'S RESOURCE FOR CHILD CARE TRAINING CLASSES, UPDATES AND MORE • SPRING 2019

ANNOUNCEMENT!

Healthy Eating Behaviors

Healthy eating behaviors are obtained from influences at home and in child care settings. Here are some healthy eating snippets for child care providers to reflect and share.

Best Practices at Mealtimes

Child care providers who are good role models make mealtime and snack-time positive, cheerful, unhurried events. Providers should sit with children during meal periods, eat the same foods the children do, offer choices and give children an opportunity to serve themselves. They should engage children in upbeat food-related conversations, plus make positive comments about nutrition, and they should encourage, but not require, children to taste all foods. Providers who force children to clean their plate and use food as a reward, punishment or pacifier are less likely to help children develop healthy eating behaviors.

Working parents who screen daycares for good food and nutrition practices can be confident their children are getting the nutrition they need and developing healthy eating habits to help them to avoid diet-related problems as they grow older.

Dr. Theresa Nicklas, research nutritionist USDA/ARS Children's Nutrition Research Center and professor of pediatrics at Baylor College of Medicine in Houston, TX

Continued on p. 2

The **NEW PATCH Online Training** website was launched on 2/19/19. See pg. 6 for link to register today!

We hope you enjoy reading our newsletter. Should you have questions or concerns, please email us at patch@patch-hi.org. To sign up for a training please see page 24 for your island's PATCH office contact number.

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YOU MAY VIEW THE FULL
PATCH TRAINING CATALOG
AND SERIES DESCRIPTIONS
ONLINE AT
[PATCHHAWAII.ORG/TRAIN-
WITH-PATCH-2](http://PATCHHAWAII.ORG/TRAIN-WITH-PATCH-2).
TO RECEIVE A COPY VIA MAIL,
PLEASE CONTACT YOUR LOCAL
PATCH OFFICE LISTED ON P24.



Healthy Eating Behaviors

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Healthy Portion Sizes

Are we setting up our children for a lifetime of weight problems and unhealthy eating by serving **inappropriately large portion sizes**? Maybe, according to recent research. When given large portions of lunch components that exceeded USDA recommended serving sizes, 5 and 6 year olds ate more of all items than when served recommended portion sizes. 3 1/2 year old children ate similar amounts no

matter what portion size they were offered. It appears very young children eat the amount of food needed to satisfy their hunger, then stop. As they get older, children seem to start ignoring their internal hunger cues and eat according to other influences, such as the amount of food offered to them. Nutrition experts think that serving children larger than recommended portion sizes encourages them to eat more than is necessary and may be an important piece of the growing childhood obesity puzzle.

CACFP portion sizes are based on the amount of food required for normal growth of children at different stages of development. Providers must always serve at least the minimum portion size of each meal pattern component. If a child is still hungry after finishing the first serving, offer additional food rather than serving very large portions initially.

Adapted from Health A to Z

Children and Portion Sizes

According to a study published in the May 2003 American Journal of Clinical Nutrition, preschool children generally took bigger bites and consumed 25% more when served super-sized portions of a macaroni and cheese entrée. Their overall calorie intake was 15% higher. When offered smaller portions, they ate less.

Oregon State University Extension Service, Nutrition and Health a la Carte 10/03

✎ Make sure the eating area is attractive and appealing for young children. Use bright colors and decorations children like.

✎ Avoid making children feel rushed. Allow them to take their own time to eat. Kids who feel pressured may choose to quickly eat their favorite foods and ignore other, less favorite foods in the meal. They may learn to eat too rapidly, a habit that may lead to later overeating and obesity.

Adapted from NFSMI Mealtime Memo For Child Care

How to introduce new foods

Parents and caregivers can help preschoolers accept a wider selection of foods by:

- ✎ **Being role models.** Children are more eager to eat foods that they see family and friends enjoying;
- ✎ **Presenting food in appealing ways** by combining different colors, textures and shapes of food; offering small quantities of a new food alongside a familiar one, without pressure to eat the new food;
- ✎ **Serving a new food when children are with their peers;**
- ✎ **Encouraging them to become familiar with different foods** by helping to grow, buy, prepare or serve them;
- ✎ **Being patient.** If an unfamiliar food is not accepted the first time, it can be offered again later. The more

often children are exposed to new foods, the more likely they will taste them and learn to accept them;

✎ **Not using foods as rewards.** For example, withholding a sweet dessert until all the vegetables are eaten may establish a preference for the dessert and a dislike for the vegetables;

✎ **Respecting individual food preferences.** Every child has different likes and dislikes.

Variety

For preschoolers, food variety promotes the positive, pleasurable aspects of eating by allowing them to explore a wide range of foods with different colors, flavors and textures. **Preschoolers are eager to learn about the nature of food. From an early age most delight in exploring the textures and savoring the tastes of various foods.** Even simple activities such as helping cut open a pumpkin or make muffins are ways children learn about food. Preparing food gives them a feeling of accomplishment. It also encourages them to eat these foods. Potatoes that he helped mash or radishes she picked from the garden are more appealing than those that just appear on the table.

Canada's Food Guide to Healthy Eating, Focus on Preschoolers

For more information, visit the Oregon Department of Education at: http://www.ode.state.or.us/services/nutrition/cacfp/tn/docs/healthy_eating.aspx



CHILD CARE RESOURCES

FOR CHILD CARE

Child Care Aware: A variety of online resources for families including information on how to choose quality child care, child development, activity tips and ideas, military support and more! Visit www.childcareaware.org

Child Care Land - free resources, activity ideas, blank forms, patterns, themes and much more! Visit www.childcareland.com

Docs for Tots - online tool for doctors and child care professionals to collaborate and support efforts to care for young children. Visit www.docsfortots.org

Head Start and Early Head Start Programs - available FREE on Kauai, Maui (Lanai and Molokai), Oahu and the Big Island; both center based and home based options are available. Visit <http://hawaii.gov/dhs/self-sufficiency/childcare/headstart/>

Healthy Habits for Healthy Kids - A Nutrition and Activity Guide for Parents: an interactive resource with activities, recipes, mealtime tips, guides and much more! Visit www.wellpoint.com/healthy_parenting/index.html

United States Consumer Product Safety Commission - Online resource for safety education, regulations, laws, and product recall information: Visit: <http://www.cpsc.gov/en/recalls/>



OTHER TRAINING AND EDUCATION

FIRST AID AND CPR CLASSES:

- **AMERICAN RED CROSS:**
377-6646 hawaiiiredcross.org
- **AMERICAN HEART ASSOCIATION:**
Oahu 538 7021 Kauai 245-7311
Big Is. 961-2825 Maui 244-7185
www.americanheart.org
- **AMERICAN SAFETY & HEALTH INSTITUTE:**
1-800-246-5101*
www.ashinstitute.org
- **MEDIC FIRST AID:**
1-800-800-7099*
www.medicfirstaid.com

* These Mainland agencies will advise of independent trainers you may contact to schedule locally based training.

CHILD DEVELOPMENT ASSOCIATE CDA CREDENTIAL 1-800-424-4310 or contact HAEYC at 942-4708

HAWAII ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (HAEYC) 942-4708 hawaiiikeiki.org

HAWAII BAPTIST EARLY EDUCATION ASSOCIATION (HBEEA) 946-9581, 947-6679

THE INSTITUTE FOR FAMILY ENRICHMENT (TIFFE) 596-8433

CHAMINADE UNIVERSITY
Education Department 739-4652

PROFESSIONAL & CAREER EDUCATION PROGRAM (PACE)
Oahu: 845-9496 Hilo: 974-7421

UNIVERSITY OF HAWAII
West Oahu: 454-4700
College of Education,
Manoa: 946-7915

MAUI COLLEGE
Human Services Program
984-3208

KAUAI COMMUNITY COLLEGE
Early Childhood Education
Program 245-8356

HAWAII COMMUNITY COLLEGE
Early Childhood Education Program
974-7421

HONOLULU COMMUNITY COLLEGE
Early Childhood Education Program
845-9466



ALOHA UNITED WAY Call 211 - In the same way calling 911 links you to Emergency services, 211 connects you to 4,000 government and community services. Available Monday-Friday, 6am - 9pm, it's fast, free & confidential. Call now to GET or GIVE HELP.

Mahalo to the State of Hawaii Department of Human Services, Benefit, Employment and Support Services Division

PATCH, is a local 501(c)(3) resource and referral agency created in 1976. Our vision is to support and improve the quality and availability of care for young people of Hawaii. PATCH strives to provide families with information and resources needed when looking for quality care for their children; support the professional development of care givers through training; and provide data and services to the community to maximize the quality of the care giving experience and to increase the number and quality of care givers. PATCH has not investigated the resources listed and makes no warranties, express or implied, regarding the nature and quality of goods or services rendered by said resource providers.

E.C.E. SCHOLARSHIPS



PATCH supports the professional development of those in the field of early childhood education and care. Our Early Childhood Education (E.C.E.) Scholarships reimburse tuition monies to students who have passed eligible courses. Funding is limited and issued on a first come, first served basis.

What does the ECE Scholarship cover?

- Eligible college coursework tuition from in-state institutions.
- PACE classes now converted to college credits.
- CDA direct assessment or renewal fees.

What is the criteria for coursework?

- Early childhood or child development focused.
- College courses completed June 2018-May 2019.
- PACE classes converted to college credits. Spring 2018 transcripts.
- CDA Credential dated June 2018-May 2019.

What is the maximum I can receive?

\$750 per round. Applicants may qualify for more than one round. Other financial aid is taken into account. Reimbursements distributed after close of round.

Deadlines:

Applications must be postmarked on or before the deadline of the round.

- ❓ Round 1: August 31
- ❓ Round 2: January 15
- ❓ Round 3: May 31*

*Send in Round 3 transcript no later than June 30, 2019

**Contact your local PATCH office or visit
patchhawaii.org to download an application.**



Mahalo to the State of Hawaii Dept. of Human Services, Hawaii Island United Way & Maui United Way for funding PATCH Scholarships

TRAINING NEWS

child care health & safety



All PATCH classes will meet at least one hour of the Hawaii Department of Human Services 15 Health and Safety topic areas to meet the 16-hour or 8- hour annual professional development requirement.

State of Hawaii Department of Human Services Health and Safety training topic areas follow:

- Physical Care of the Young Child (PCYC)
- Care of the Sick Child (CSC)
- Child Nutrition (CN)
- Child Growth and Development (CGD)
- Children with Special Needs (CSN)
- Learning Activities and Play (LAP)
- Family Engagement (FE)
- Managing Challenging Behaviors (MCB)
- Community Resources (CR)
- Prevention of Child Maltreatment and Abuse (PCMA)
- First Aid and Child Cardio-Pulmonary Resuscitation (FIRST AID/CPR)
- Health and Safety (HS)
- Child Care Business or Program Management (CCB/PM)
- Physical Environment (PE)
- Safe Sleep (SS) (If permitted to care for children less than one year of age)

Please check your island PATCH training calendar for classes near you, or contact the training department on your island to host trainings at your facility.

ABOUT THIS TRAINING CALENDAR

How to Read the PATCH Training Calendar

PATCH's Training Calendar is designed for easy reading. Each class has indicators related to Hawaii's **Attitudes, Skills and Knowledge (ASK)** Core Areas and **Subject Areas (SA)** for the Child Development Associate (CDA) credential.

PATCH Training **Series include:**

- **Basic Series (10 classes)**
- **Challenging Behaviors Basic Series (7 classes)**
- **Quality Care Series (10 classes)**
- **Puppet Series (5 classes)**
- **Supporting Play Series (5 classes)**
- * **WestEd Basic Infant/Toddler Series (10 classes)**
- *++ **WestEd Advanced Infant/Toddler (10 classes)**
- **Introduction to Preschool Series (7 classes)**
- * **Infant/Toddler Series 3 (10 classes)**
- **I'm Moving, I'm Learning (5 classes)**
- * **Infant/Toddler Social Emotional (10 classes)**
- **Special Needs Series (7 classes)**
- **Child Care Administration (5 classes)**
- * **meets DHS I/T licensing requirements.**

++ **offered online as self-paced webinars.**

For more details visit

8 Subject Areas

Utilized for the Child Development Associate (CDA).

These indicators are important when looking for specific types of classes to fulfill initial CDA requirements :

- SA 1 - Planning a safe, healthy learning environment
- SA 2 - Steps to advance children's physical and intellectual development
- SA 3 - Positive ways to support children's social and emotional development
- SA 4 - Strategies to establish productive relationships with families
- SA 5 - Strategies to manage an effective program operation
- SA 6 - Maintaining a commitment to your profession
- SA 7 - Observing and recording children's behavior
- SA 8 - Principles of child growth and child development

10 ASK Core Areas

As utilized by the DHS Hawaii Early Childhood Registry:

- ⇒ Growth & Development (GD)
- ⇒ Professionalism (PRO)
- ⇒ Diversity (DIV)
- ⇒ Observation & Assessment (OA)
- ⇒ Health, Safety & Nutrition (HSN)
- ⇒ Relationships and Guidance (RG)
- ⇒ Learning Environments (ENV)
- ⇒ Planning Learning Experiences (PLE)
- ⇒ Working With Families (WF)
- ⇒ Program Management (MAN)

Please check your island PATCH training calendar for classes near you, or contact the training department on your island to host trainings at your facility.



Short On Time This Quarter?

NEED TRAINING? GO ONLINE

[WWW.COLLABORATION.NET/LOGIN/
PATCHHAWAII](http://WWW.COLLABORATION.NET/LOGIN/PATCHHAWAII)

PATCH TRAINING GUIDELINES

Reminders About PATCH Training Attendance

Thank you for your diligence as a child care professional and your dedication to your on-going training and development.

When attending PATCH training classes there are a few guidelines to remember:

Sign Up for Classes Ahead of Time: Remember to sign up for PATCH classes in advance by calling your local PATCH office. To register for a class you must pay a \$5.00 refundable deposit to PATCH at least three calendar days before the class. Your \$5.00 deposit will be returned upon attendance or can be applied to a future class.

Remember to sign in: You will not receive a certificate for a training class if your name does not appear on the sign-in sheet. Please check all your information on the sign-in sheet. Print clearly when correcting errors in your name, address, or telephone number.

Be on time: If you arrive more than 15 minutes late, you will not be allowed to sign in. If you are unable to stay for the full duration of the training, you will not receive a training certificate. In both of these circumstances, your attendance will not be posted in the database for that class. Likewise, if a trainer is more than 15 minutes late—you may assume that the class has been cancelled due to unforeseen circumstances. We will call you to reschedule the class.

Turn off your cell phone: As a courtesy to the other participants, please turn off the volume of your cell phone or pager.

Adults only please: We love children too, but as a courtesy to other participants, we ask you to make alternative arrangements for child care.

Bring your Record of Training: Please bring your Record of Training (available via the PATCH office) to each class and remember to get the PATCH instructor's signature after each class. When you have completed an entire series, please return the original Record of Training to the PATCH office and we will mail you a Certificate of Completion for the series.

Keep good records: Whether you take a PATCH class or any other training, you should keep track of the trainings you attend for future reference. If you need verification of your PATCH classes, there is a \$2.00 fee for a computer printout list of classes taken at PATCH. If you have

misplaced your Record of Training sheet, there is a \$3.00 fee for a replacement. Duplicate certificates are available for \$1.00 each. Please keep in mind that PATCH often deletes information more than 5 years old to make room for the following year.

PATCH strives to coordinate its Training Program (and other programs) to fit the needs of Hawaii's child care professionals. If you have comments or suggestions, please contact your local PATCH office or email us at Patch@PatchHawaii.org.



PATCH Classes for PARENTS!
Many of our classes are great for parents.
Look for the Parent Symbol in the
Training Calendar and Sign Up Today!

O'AHU ISLAND TRAINING CALENDAR

TRACE Academy Waipio: 94-1388 Moaniani Street Unit 205 Waipahu, HI 96797

Wednesday **EARLY CHILDHOOD CURRICULUM 101 (421)**

4/10/2019

6:00 PM-9:00 PM SERIES: Quality Care Series ASK: PLE-3, SA: SA2-3

Wednesday **INTENTIONAL TEACHING (422)**

4/17/2019

6:00 PM-9:00 PM SERIES: Quality Care Series ASK: PLE-3, SA: SA2-3

Wednesday **OBSERVATION-BASED PLANNING FOR YOUNG CHILDREN (423)**

4/24/2019

6:00 PM-9:00 PM SERIES: Quality Care Series ASK: PLE-1.5; OA-1.5, SA: SA2-1.5; SA7-1.5

**LOOKING FOR CLASSES
TO HELP YOU ENGAGE,
COMMUNICATE
AND COOPERATE WITH
CHILDREN AND FAMILIES
IN YOUR PRESCHOOL
SETTING?
PATCH IS HERE FOR YOU!**



Wednesday **SCIENCE DISCOVERIES IN THE PRESCHOOL ENVIRONMENT (424)**

5/1/2019

6:00 PM-9:00 PM SERIES: Quality Care Series ASK: PLE-3, SA: SA2-3

Wednesday **MORE THAN COUNTING: MATH IN THE PRESCHOOL (425)**

5/8/2019

6:00 PM-9:00 PM SERIES: Quality Care Series ASK: PLE-3, SA: SA2-3

Wednesday **TALKING WITH CHILDREN (236)**

5/15/2019

6:00 PM-9:00 PM SERIES: Quality Care Series ASK: RG-2; PLE-1, SA: SA3-2; SA2-1



O'AHU ISLAND TRAINING CALENDAR

TRACE Academy Waipio: 94-1388 Moaniani Street Unit 205 Waipahu, HI 96797

Wednesday
5/29/2019
6:00 PM-9:00 PM

CURRICULUM 201: INTEGRATED CURRICULUM USING SCIENCE AND SOCIAL STUDIES (426)

SERIES: Quality Care Series ASK: PLE-3, SA: SA2-3

Wednesday
6/5/2019
6:00 PM-9:00 PM

FLOWING THROUGH THE DAY: CLASSROOM TRANSITIONS (704)

SERIES: Quality Care Series ASK: ENV-3, SA: SA1-3

Wednesday
6/12/2019
6:00 PM-9:00 PM

DOES MY CHILD JUST PLAY ALL DAY?: TALKING TO FAMILIES ABOUT CURRICULUM (618)

SERIES: Quality Care Series ASK: WF-3, SA: SA4-3

Wednesday
6/19/2019
6:00 PM-9:00 PM

DOCUMENTING QUALITY CURRICULUM IN A QUALITY PROGRAM (317)

SERIES: Quality Care Series ASK: MAN-3, SA: SA5-3

Trinity Christian School-Kailua: 875 Aulua Road Mauka Campus Kailua, HI 96734

Wednesday
4/10/2019
6:00 PM-9:00 PM

THE IMPORTANCE OF PLAY (227)

SERIES: Play ASK: RG -1.5; PLE-1.5, SA: SA3-1.5; SA2-1.5



Wednesday
4/17/2019
6:00 PM-9:00 PM

OBSERVING CHILDREN AT PLAY (804)

SERIES: Play ASK: OA-3, SA: SA7-3

Wednesday
5/1/2019
6:00 PM-9:00 PM

THE CHILD WHO DOESN'T ENGAGE IN PLAY (228)

SERIES: Play ASK: RG-3, SA: SA3-3

Wednesday
5/8/2019
6:00 PM-9:00 PM

THE CHILD WHO DOESN'T ENGAGE WITH OTHERS (229)

SERIES: Play ASK: RG-3, SA: SA3-3

Wednesday
5/22/2019
6:00 PM-9:00 PM

THE CHILD WHO IS EXCLUDED (230)

SERIES: Play ASK: RG-3, SA: SA3-3

O'AHU ISLAND TRAINING CALENDAR

Oahu PATCH Training Room: 560 North Nimitz Highway Ste. 218 Honolulu, HI 96817



Do you need to take SAFE SLEEP classes?



Join us for a FREE 1.5 hour training on setting safe sleep environments and respond to emergencies. Safe Sleep training class meets
ASK: HSN-1.5 & SA1-1.5 core and subject areas of CDA credentials.

Saturday

4/13/2019

9:30 AM-11:00 AM

SAFE SLEEP IN CHILDCARE (518)

SERIES: Other

ASK: HSN-1.5, SA: SA1-1.5



Saturday

5/11/2019

9:30 AM-11:00 AM

SAFE SLEEP IN CHILDCARE (518)

SERIES: Other

ASK: HSN-1.5, SA: SA1-1.5



Saturday

6/8/2019

9:30 AM-11:00 AM

SAFE SLEEP IN CHILDCARE (518)

SERIES: Other

ASK: HSN-1.5, SA: SA1-1.5



**We're going to be at the
Baby Expo, Are you?**

Come visit us!



**New
Baby
Expo 2019**
MAY 18 & 19

NEAL BLAISDELL CENTER
Sat & Sun 10am - 5pm

**Mark Your
Calendar** ✓

Saturday

4/27/2019

9:30 AM-11:30 AM

PROMOTING POSITIVE ATTACHMENT (623)

SERIES: Other

ASK: WF-2, SA: SA4-2

Saturday

6/22/2019

9:30 AM-11:30 AM

NURTURING RESPONSIBLE BEHAVIOR (216)

SERIES: Other

ASK: RG-2, SA: SA3-2

O'AHU ISLAND TRAINING CALENDAR

Oahu PATCH Training Room: 560 North Nimitz Highway Ste. 218 Honolulu, HI 96817

Thursday 5/2/2019 6:00 PM-8:00PM	HEALTH AND SAFETY IN PRESCHOOL SETTINGS (512) SERIES: Intro. To Preschool <i>ASK: HSN-2, SA: SA1-2</i>
Thursday 5/9/2019 6:00 PM-8:00 PM	CLASSROOM MANAGEMENT AND SUPERVISION (231) SERIES: Intro. To Preschool <i>ASK: RG-2, SA: SA3-2</i>
Thursday 5/16/2019 6:00 PM-8:00 PM	COMMUNICATION WITH CO-WORKERS AND FAMILIES (006) SERIES: Intro. To Preschool <i>ASK: PRO-1; WF-1, SA: SA6-1; SA4-1</i>
Thursday 5/23/2019 6:00 PM-8:00 PM	OBSERVATIONS AND ASSESSMENTS IN PRESCHOOL SETTINGS (805) SERIES: Intro. To Preschool <i>ASK: OA-2, SA: SA7-2</i>
Thursday 5/30/2019 6:00 PM-9:00 PM	OBSERVATION-BASED PLANNING FOR YOUNG CHILDREN (423) SERIES: Quality Care Series <i>ASK: PLE-1.5; OA-1.5, SA: SA2-1.5; SA7-1.5</i>
Thursday 6/6/2019 6:00 PM-9:00 PM	SCIENCE DISCOVERIES IN THE PRESCHOOL ENVIRONMENT (424) SERIES: Quality Care Series <i>ASK: PLE-3, SA: SA2-3</i>
Thursday 6/13/2019 6:00 PM-9:00 PM	MORE THAN COUNTING: MATH IN THE PRESCHOOL (425) SERIES: Quality Care Series <i>ASK: PLE-3, SA: SA2-3</i>
Thursday 6/20/2019 6:00 PM-9:00 PM	TALKING WITH CHILDREN (236) SERIES: Quality Care Series <i>ASK: RG-2; PLE-1, SA: SA3-2; SA2-1</i>
Thursday 6/27/2019 6:00 PM-9:00 PM	CURRICULUM 201: INTEGRATED CURRICULUM USING SCIENCE AND SOCIAL STUDIES (426) SERIES: Quality Care Series <i>ASK: PLE-3, SA: SA2-3</i>

O'AHU ISLAND TRAINING CALENDAR

The Cole Academy-Kapolei: 1033 Ala Kahawai Street Kapolei, HI 96707

Tuesday 4/16/2019 6:00 PM-9:00 PM	INTRODUCTION TO SOCIAL EMOTIONAL WELLNESS (237) SERIES: I/T Social Emotional ASK: RG-3, SA: SA3-3	
Tuesday 4/23/2019 6:00 PM-9:00 PM	TEMPERAMENT AND SECURE RELATIONSHIPS (114) SERIES: I/T Social Emotional ASK: GD-1.5; RG-1.5, SA: SA8-1.5; SA3-1.5	
Tuesday 4/30/2019 6:00 PM-9:00 PM	DEVELOPMENT OF SOCIAL EMOTIONAL WELLNESS (115) SERIES: I/T Social Emotional ASK: GD-3, SA: SA8-3	
Tuesday 5/7/2019 6:00 PM-9:00 PM	OBSERVATION AND RESPONSIVE ROUTINES (807) SERIES: I/T Social Emotional ASK: OA-1.5; ENV-1.5, SA: SA7-1.5; SA1-1.5	
Tuesday 5/14/2019 6:00 PM-9:00 PM	BUILDING EMOTIONAL LITERACY (428) SERIES: I/T Social Emotional ASK: PLE-3, SA: SA2-3	
Tuesday 5/21/2019 6:00 PM-9:00 PM	WORKING IN PARTNERSHIPS WITH FAMILIES (621) SERIES: I/T Social Emotional ASK: WF-3, SA: SA4-3	
Tuesday 5/28/2019 6:00 PM-9:00 PM	INDIVIDUALIZED INTERVENTION WITH INFANTS/TODDLERS (238) SERIES: I/T Social Emotional ASK: RG-3, SA: SA3-3	
Tuesday 6/4/2019 6:00 PM-9:00 PM	WHEN BEHAVIOR GOES OFF TRACK (239) SERIES: I/T Social Emotional ASK: RG-3, SA: SA3-3	
Tuesday 6/11/2019 6:00 PM-9:00 PM	EFFECTS OF CHALLENGING BEHAVIORS (240) SERIES: I/T Social Emotional ASK: RG-1.5; WF-1.5, SA: SA3-1.5; SA4-1.5	
Tuesday 6/18/2019 6:00 PM-9:00 PM	DEVELOPING A SUPPORT PLAN FOR INFANTS/TODDLERS (241) SERIES: I/T Social Emotional ASK: RG-3, SA: SA3-3	

MAUI ISLAND TRAINING CALENDAR

Maui PATCH Office: 1063 Lower Main Street C-217 Wailuku, HI 96793

Thursday **DEVELOPMENT OF SOCIAL EMOTIONAL WELLNESS (115)**

4/4/2019

5:30 PM-8:30 PM

SERIES: I/T Social Emotional ASK: GD-3, SA: SA8-3

Tuesday

HEALTH, SAFETY, AND NUTRITION (506)

4/16/2019

5:30 PM-8:30 PM

SERIES: WestEd Basic ASK: GD-3, SA: SA8-3

NEW

HEALTHY EATING & PROPER NUTRITION is important, particularly for keiki! This Spring we introduce several **NEW** classes to help you feed and care for keiki. Especially useful for family child care home providers!

Monday

HEALTHY PORTIONS, HEALTHY CHOICES (520)

4/22/2019

6:00 PM-7:30 PM

SERIES: Other ASK: HSN-1.5, SA: SA1-1.5

NEW

Thursday

HAPPY MEALTIME, HEALTHY BODY (521)

5/9/2019

5:30 PM-7:00 PM

SERIES: Other ASK: HSN-1.5, SA: SA1-1.5

NEW

Tuesday

IT'S NOT JUST ROUTINE (505)

5/14/2019

5:30 PM-8:30 PM

SERIES: WestEd Basic ASK: HSN-2; MAN-1, SA: SA1-2; SA5-1



Thursday

TOGETHER IN CARE (309)

5/23/2019

5:30 PM-8:30 PM

SERIES: WestEd Basic ASK: MAN-2; PLE-1, SA5-2; SA2-1

Monday

FOSTERING RESILIENCY (507)

6/3/2019

5:30 PM-8:30 PM

SERIES: Other ASK: HSN-3, SA: SA1-3

**"The more you read
the more things you know.
The more that you learn
the more places you'll go."
-Dr. Seuss**

MAUI ISLAND TRAINING CALENDAR

MEO HEAD START OFFICE: 99 Mahalani Street Wailuku, HI 96793

Monday **CLASSROOM MANAGEMENT AND SUPERVISION (231)**

4/1/2019

5:00 PM-7:00 PM

SERIES: Intro. To Preschool ASK: RG-2, SA: SA3-2

Monday **GREETINGS AND DEPARTURES (604)**

4/8/2019

5:00 PM-7:00 PM

SERIES: Other ASK: WF-2, SA: SA4-2

Wednesday **OVERVIEW OF CDA (002)**

4/10/2019

3:00 PM-6:00 PM

SERIES: Other ASK: PRO-3, SA: SA6-3

Monday **INCLUSIVE EARLY CHILDHOOD ENVIRONMENTS (322)**

4/15/2019

5:00 PM-6:30 PM

SERIES: Special Needs ASK: MAN, SA: SA5



Monday **THE PREPARED PRESCHOOL ENVIRONMENT (702)**

5/6/2019

5:00 PM-7:00 PM

SERIES: Intro. To Preschool ASK: ENV-2, SA: SA1-2

Monday **BRINGING HOME TO SCHOOL (311)**

5/20/2019

5:00 PM-7:00 PM

SERIES: Other ASK: MAN-2, SA: SA5-2

All God's Children Preschool: 495 Puupeeelua Avenue Hoolehua, HI 96729

Saturday **OBSERVATION-BASED PLANNING FOR YOUNG CHILDREN (423)**

4/13/2019

8:00 AM-11:00 AM

SERIES: Quality Care Series ASK: OA-2, SA: SA7-2

Saturday **SCIENCE DISCOVERIES IN THE PRESCHOOL ENVIRONMENT (424)**

4/13/2019

11:15 AM-2:15 PM

SERIES: Quality Care Series ASK: PLE-3, SA: SA2-3



KAUA'I ISLAND TRAINING CALENDAR

Kauai PATCH Office: 4485 Pahee Street Suite 124 Lihue, HI 96766

Thursday 4/11/2019 6:00 PM-9:00 PM	DEVELOPMENTAL GUIDELINES FOR INFANTS AND TODDLERS (108) SERIES: Infant/Toddler Series 3 ASK: GD-3, SA: SA8-3	
Thursday 4/18/2019 6:00 PM-9:00 PM	THE PREPARED INFANT AND TODDLER ENVIRONMENT (703) SERIES: Infant/Toddler Series 3 ASK: ENV-3, SA: SA1-3	
Thursday 4/25/2019 6:00 PM-9:00 PM	FIRST MOVES: WELCOMING NEW FAMILIES (616) SERIES: Infant/Toddler Series 3 ASK: WF-3, SA: SA4-3	
Thursday 5/2/2019 6:00 PM-9:00 PM	BUILDING PARTNERSHIPS WITH FAMILIES (617) SERIES: Infant/Toddler Series 3 ASK: WF-3, SA: SA4-3	
Thursday 5/9/2019 6:00 PM-9:00 PM	UNDERSTANDING INFANT AND TODDLER CURRICULUM (109) SERIES: Infant/Toddler Series 3 ASK: GD-3, SA: SA8-3	
Thursday 5/16/2019 6:00 PM-9:00 PM	CONVERSATIONS WITH INFANTS AND TODDLERS (420) SERIES: Infant/Toddler Series 3 ASK: PLE-3, SA: SA2-3	
Thursday 5/23/2019 6:00 PM-9:00 PM	UNDERSTANDING SOCIAL AND EMOTIONAL DEVELOPMENT OF INFANTS AND TODDLERS (110) SERIES: Infant/Toddler Series 3 ASK: GD-2; RG-1, SA: SA8-2; SA3-1	
Thursday 5/30/2019 6:00 PM-9:00 PM	SUPPORTING THE INDIVIDUAL NEEDS OF INFANTS AND TODDLERS (232) SERIES: Infant/Toddler Series 3 ASK: RG-3, SA: SA3-3	
Thursday 6/6/2019 6:00 PM-9:00 PM	CULTURAL DIVERSITY IN INFANT AND TODDLER SETTINGS (906) SERIES: Infant/Toddler Series 3 ASK: DIV-3, SA: SA4-3	
Thursday 6/13/2019 6:00 PM-9:00 PM	CULTURAL SENSITIVITY WITH FAMILIES (907) SERIES: Infant/Toddler Series 3 ASK: DIV-1.5; WF-1.5, SA: SA4-3	

KAUA'I ISLAND TRAINING CALENDAR

Kauai PATCH Office: 4485 Pahee Street Suite 124 Lihue, HI 96766



Do you need to take SAFE SLEEP classes?



Join us for a FREE 1.5 hour training on setting safe sleep environments and respond to emergencies. Safe Sleep training class meets
ASK: HSN-1.5 & SA1-1.5 core and subject areas of CDA credentials.

Monday
4/22/2019
6:00 PM-7:30 PM
SAFE SLEEP IN CHILDCARE (518)
SERIES: Other ASK: HSN-1.5, SA: SA1-1.5



Monday
5/20/2019
6:00 PM-7:30 PM
SAFE SLEEP IN CHILDCARE (518)
SERIES: Other ASK: HSN-1.5, SA: SA1-1.5



Monday
6/17/2019
6:00 PM-7:30 PM
SAFE SLEEP IN CHILDCARE (518)
SERIES: Other ASK: HSN-1.5, SA: SA1-1.5



Tuesday
5/7/2019
6:00 PM-9:00 PM
WORKING WITH CHALLENGING BEHAVIORS (224)
SERIES: Chall. Behaviors Advanced ASK: RG-3, SA: SA3-3

Tuesday
5/14/2019
6:00 PM-9:00 PM
INTERVIEW PROCESS (803)
SERIES: Chall. Behaviors Advanced ASK: OA-3, SA: SA7-3

Tuesday
5/21/2019
6:00 PM-9:00 PM
BUILDING A BEHAVIOR SUPPORT PLAN I (225)
SERIES: Chall. Behaviors Advanced ASK: RG-3, SA: SA3

Tuesday
5/28/2019
6:00 PM-9:00 PM
BUILDING A BEHAVIOR SUPPORT PLAN II (226)
SERIES: Chall. Behaviors Advanced ASK: RG-3, SA: SA3-3

Tuesday
6/4/2019
6:00 PM-9:00 PM
EFFECTIVE TEAMING (615)
SERIES: Chall. Behaviors Advanced ASK: WF-3, SA: SA4-3



KAUA'I ISLAND TRAINING CALENDAR

Kauai PATCH Office: 4485 Pahee Street Suite 124 Lihue, HI 96766

Tuesday
4/2/2019

THE IMPORTANCE OF PLAY (227)



6:00 PM-9:00 PM SERIES: Play ASK: RG-1.5; PLE-1.5, SA: SA3-1.5; SA2-1.5

Tuesday
4/9/2019

OBSERVING CHILDREN AT PLAY (804)

6:00 PM-9:00 PM SERIES: Play ASK: OA-3, SA: SA7-3

CHILD CARE PROFESSIONALS:

Want to learn methods you can utilize to help 3-5 year old children develop socially and cognitively through play? Sign up for our **Supporting Play Series** this Spring.



Tuesday
4/16/2019

THE CHILD WHO DOESN'T ENGAGE IN PLAY (228)

6:00 PM-9:00 PM SERIES: Play ASK: RG-3; SA: SA3-3

Tuesday
4/23/2019

THE CHILD WHO DOESN'T ENGAGE WITH OTHERS (229)

6:00 PM-9:00 PM SERIES: Play ASK: RG-3, SA: SA3-3

Tuesday
4/30/2019

THE CHILD WHO IS EXCLUDED (230)

6:00 PM-9:00 PM SERIES: Play ASK: RG-3, SA: SA3-3

Thursday
4/11/2019

POSITIVE DISCIPLINE I (203)



6:00 PM-9:00 PM SERIES: Other ASK: RG-2, SA: SA3-2

Thursday
4/18/2019

POSITIVE DISCIPLINE II (204)



6:00 PM-9:00 PM SERIES: Other ASK: RG-2, SA: SA3-2

Thursday
4/25/2019

POSITIVE DISCIPLINE III (205)



6:00 PM-9:00 PM SERIES: Other ASK: RG-3, SA: SA3-3

Thursday
5/2/2019

NURTURING RESPONSIBLE BEHAVIOR (216)

6:00 PM-9:00 PM SERIES: Other ASK: RG-2, SA: SA3-2

HAWAI'I ISLAND TRAINING CALENDAR

East Hawaii PATCH Training Room: 26 Waianuenue Avenue Hilo, HI 96720

EAST HAWAII

Tuesday DIVERSITY AND INCLUSIVE CHILD CARE SETTINGS (910)

4/9/2019

5:30 PM-8:30 PM

SERIES: Child Care Admin ASK: DIV-2; SA: SA4-2

Thursday TALKING WITH CHILDREN (236)

4/25/2019

6:00 PM-9:00 PM

SERIES: Quality Care Series ASK: RG-2; PLE-1, SA: SA3-2; SA2-1



Wednesday SAFE SLEEP IN CHILDCARE (518)

5/8/2019

6:00 PM-7:30 PM

SERIES: Other ASK: HSN-1.5, SA: SA1-1.5



Thursday MORE THAN COUNTING: MATH IN THE PRESCHOOL (425)

5/9/2019

6:00 PM-9:00 PM

SERIES: Quality Care Series ASK: PLE-3, SA: SA2-3

Tuesday SPECIAL NEEDS: COMMUNITY RESOURCES AND REFERRAL PROCESS (625)

5/14/2019

5:30 PM-7:00 PM

SERIES: Special Needs ASK: WF-1.5; SA: SA4-1.5



Thursday CURRICULUM 201: INTEGRATED CURRICULUM USING SCIENCE AND SOCIAL STUDIES (426)

6/20/2019

6:00 PM-9:00 PM

SERIES: Quality Care Series ASK: PLE-3, SA: SA2-3



HAWAI'I ISLAND TRAINING CALENDAR

Ohana Keiki Daycare Center - Salvation Army: 75-2233 Kalani Street Kailua-Kona, HI 96740

WEST HAWAII

Monday MENTORING OVERVIEW (003)

4/1/2019

5:30 PM-8:30 PM SERIES: Other ASK: PRO-3, SA: SA6-3

Monday DOES MY CHILD PLAY ALL DAY?: TALKING TO FAMILIES
4/8/2019 ABOUT CURRICULUM (618)

5:30 PM-8:30 PM

SERIES: Quality Care Series ASK: WF-3, SA: SA4-3

Monday SPECIAL NEEDS (902)

4/15/2019

5:30 PM-8:30 PM SERIES: WestEd Advanced ASK: DIV-3, SA: SA4-3

Monday DEVELOPMENT AND LEARNING IN THE MULTICULTURAL
4/22/2019 SETTING (903)

5:30 PM-8:30 PM

SERIES: WestEd Advanced ASK: DIV-3, SA: SA4-3

Monday CULTURAL SENSITIVITY WITH FAMILIES (907)

5/13/2019

5:30 PM-8:30 PM SERIES: Infant/Toddler Series 3 ASK: DIV-1.5; WF-1.5, SA: SA4-3



Monday TOGETHER IN CARE (309)

5/20/2019

5:30 PM-8:30 PM SERIES: WestEd Basic ASK: MAN-2; PLE-1, SA: SA5-2; SA2-1

Monday OVERVIEW OF CDA (002)

6/10/2019

5:30 PM-8:30 PM SERIES: Other ASK: PRO-3, SA: SA6-3

Monday INTERVIEW PROCESS (803)

6/17/2019

5:30 PM-8:30 PM SERIES: Chall. Behaviors Advanced ASK: OA-3, SA: SA7-3

Monday OBSERVING CHILDREN AT PLAY (804)

6/24/2019

5:30 PM-8:30 PM SERIES: Play ASK: OA-3, SA: SA7-3

HAWAI'I ISLAND TRAINING CALENDAR

Sonshine Preschool & Daycare: 81-6614 Mamalahoa Highway Kealahou, HI 96750



CHILD CARE PROFESSIONALS:

Do you want to help children develop social and emotional skills, express themselves, and manage their feelings so they can cope better with the ups and downs of life?

We welcome you to sign up for the **Challenging Behaviors Basic Series** this Spring.

Tuesday

4/2/2019

5:30 PM-8:30 PM

BUILDING RELATIONSHIPS (219)

SERIES: Chall. Behaviors Basic ASK: RG-3, SA: SA3-3

Tuesday

4/9/2019

5:30 PM-8:30 PM

CREATING SUPPORTIVE ENVIRONMENTS I (701)

SERIES: Chall. Behaviors Basic ASK: ENV-3, SA: SA1-3

Tuesday

4/16/2019

5:30 PM-8:30 PM

CREATING SUPPORTIVE ENVIRONMENTS II (220)

SERIES: Chall. Behaviors Basic ASK: RG-3, SA: SA3-3

Tuesday

4/23/2019

5:30 PM-8:30 PM

TEACHING POSITIVE RELATIONSHIPS I (419)

SERIES: Chall. Behaviors Basic ASK: PLE-3, SA: SA2-3

Tuesday

5/14/2019

5:30 PM-7:30 PM

TEACHING POSITIVE RELATIONSHIPS II (221)

SERIES: Chall. Behaviors Basic ASK: RG-2, SA: SA3-2

Tuesday

5/21/2019

5:30 PM-8:30 PM

TEACHING POSITIVE BEHAVIORS I (222)

SERIES: Chall. Behaviors Basic ASK: RG-3; SA: SA3-3



Tuesday

5/28/2019

5:30 PM-8:30 PM

TEACHING POSITIVE BEHAVIORS II (223)

SERIES: Chall. Behaviors Basic ASK: RG-3, SA: SA3-3

HAWAI'I ISLAND TRAINING CALENDAR

Family Support Hawaii Early HS; FDC 81-6493 Mamalahoa Highway Kealahou, HI 96750

Friday **BRINGING HOME TO SCHOOL (311)**

4/19/2019

9:00 AM-11:00 AM SERIES: Other ASK: MAN-2, SA: SA5-2

Friday **BEYOND THE NORM (307)**

4/19/2019

11:30 AM-1:30: PM SERIES: Other ASK: MAN-2, SA: SA5-2

Friday **NUTRITION ALL DAY (522)**

4/19/2019

2:00 PM-3:30 PM SERIES: Other ASK: HSN-1.5, SA: SA1-1.5

NEW

Monday **CREATING SUPPORTIVE ENVIRONMENTS I (701)**

4/22/2019

12:30 PM-3:30 PM SERIES: Chall. Behaviors Basic ASK: ENV-3, SA: SA1-3

Monday **TALKING WITH CHILDREN (236)**

5/20/2019

12:30 PM-3:30 PM SERIES: Quality Care Series ASK: RG-2; PLE-1, SA: SA3-2; SA2-1



Small World Preschool: 65-1253 Kawaihae Road Kamuela, HI 96743



**working with young children means
partnering with parents and families:
why not make it WONDERFUL?**

“Partnering with Parents” (on 4/23) is one of many classes PATCH offers to help you to work with parents and families to improve overall quality of service at your child care center or home.

Sign up for class today!

Tuesday **PARTNERING WITH PARENTS (602)**

4/23/2019

5:00 PM-8:00 PM SERIES: Other ASK: WF-3, SA: SA4-3

HAWAI'I ISLAND TRAINING CALENDAR

Tutu & Me Traveling Preschool; Kamuela Office: 65-1281 Kawaihae Road Kamuela, HI 96743

Friday
4/26/2019
9:00 AM-12:00 PM

INTRODUCTION TO EARLY CHILDHOOD EDUCATION AND CARE (106)

SERIES: Intro. To Preschool ASK: GD-1.5; PRO-1.5, SA: SA8-1.5; SA6-1.5

Friday
4/26/2019
12:30 PM-3:30 PM

BRAIN DEVELOPMENT (105)

SERIES: WestEd Advanced ASK: GD-3, SA: SA8-3



Friday
5/10/2019
9:00 AM-12:00 PM

AGES OF INFANCY (411)

SERIES: WestEd Basic ASK: PLE-3, SA: SA2-3



Friday
5/10/2019
12:30 PM-3:30 PM

EMOTIONAL DEVELOPMENT (102)

SERIES: WestEd Basic ASK: GD-2; RG-1, SA :SA8-2; SA3-1



Friday
5/24/2019
9:00 AM-12:00 PM

BUILDING EMOTIONAL LITERACY (428)

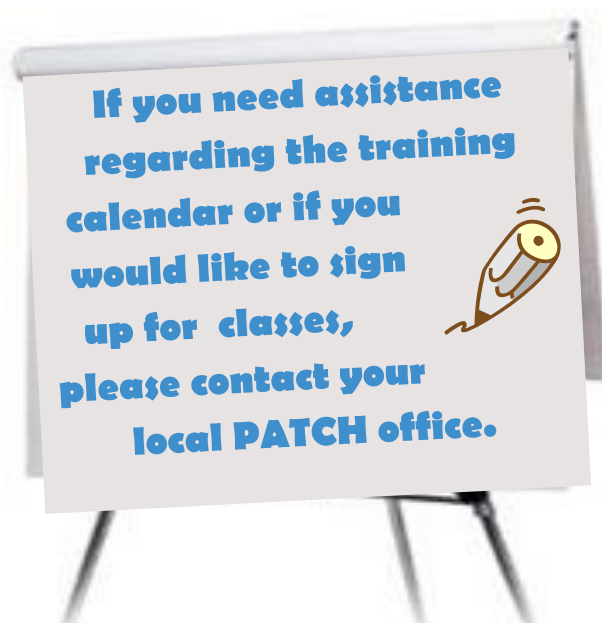
SERIES: I/T Social Emotional ASK: PLE-3, SA: SA2-3



Friday
5/24/2019
12:30 PM-3:30 PM

MORE THAN COUNTING: MATH IN THE PRESCHOOL (425)

SERIES: Quality Care Series ASK: PLE-3, SA: SA2-3



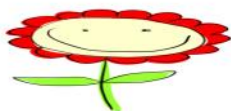


Spring

... in to action
for every 'ohana.

PATCH helps Hawaii's families
to nourish and cherish our children
so that they ~ our future ~ may flourish.

Invest in our future: support PATCH
through a donation and make a difference!



PLEASE CUT ON DOTTED LINE AND COMPLETE AND ENCLOSE THE DONATION FORM BELOW WITH YOUR GIFT TO PATCH.



☐ My gift of: ☐ \$25 ☐ \$50 ☐ \$100 ☐ \$_____ is enclosed.

Please make checks payable to "PATCH," and mail to: (other amount)

PATCH 560 N. Nimitz Hwy, Suite 218 Honolulu, HI 96817

☐ Please charge \$_____ to my credit card.

(You may also visit www.patchhawaii.org or call 550-3852 to donate via credit card).

Card Number _____

Expiration Date _____ Security Code _____

☐ My gift is in memory/honor of _____

☐ My employer has a matching gift program.

Donor Name _____

Address _____

Email _____

Phone _____ Donation Remains Anonymous ☐

(check here):

PATCH'S MISSION IS TO SUPPORT AND IMPROVE THE QUALITY AND AVAILABILITY OF CARE FOR THE YOUNG PEOPLE OF HAWAII.

Want to work from home?

Interested in running
your own licensed
child care home business?

*Call your local PATCH Office
so we can help you get started!*



PATCH OFFICES STATEWIDE

PATCH—Oahu

560 North Nimitz Highway
Suite 218
Honolulu, HI 96817
Phone: 808-833-6866

E-mail: Patch@Patch-Hi.org



Agency Partner

PATCH—Maui County

Puuone Plaza
1063 Lower Main Street #C-217
Wailuku, HI 96793
Phone: 808-242-9232
Lanai & Molokai: 1-800-498-4145

Website: www.PatchHawaii.org

PATCH—Kauai

4485 Pahe'e Street
Suite 124
Lihue, HI 96766
Phone: 808-246-0622

**PATCH—West Hawaii is now
at a NEW ADDRESS in Kona:**
75-5737 Kuakini Hwy, 102 E
Kailua-Kona HI 96740
Phone: 808-322-3500

PATCH—East Hawaii

26 Waianuenue Ave
Hilo, HI 96720
Phone: 808-961-3169



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